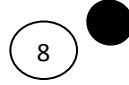
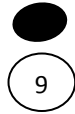
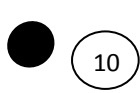


Sacrament of
Baptism
(Thursday)

Office of the Keys
(Friday)

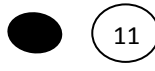
the Lord's Prayer
(Wednesday)



The Receptive Life ("by faith")

Sacrament of
the Altar
(Saturday)

the Creed
(Tuesday)



Psalm 119

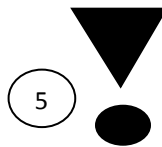
Vocation
(Sunday)

Ten Commandments
(Monday)



the EXPRESSION and
EMOTION of faith
(the Psalms)

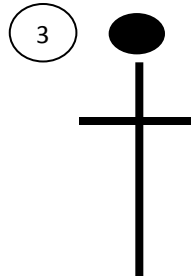
The Word of God (Daily)
Hear, Read, Study, Memorize and Meditate
on the Scriptures



Confession (Daily)
"Lord Jesus, Son of God,
have mercy on me the sinner."
Or the General Confession

the SPIRITUAL PRACTICE, TRAINING
and FORMATION of faith
(oratio, meditatio, tentatio)

prayer to the Holy Spirit, meditation on
the Scripture, soul struggle

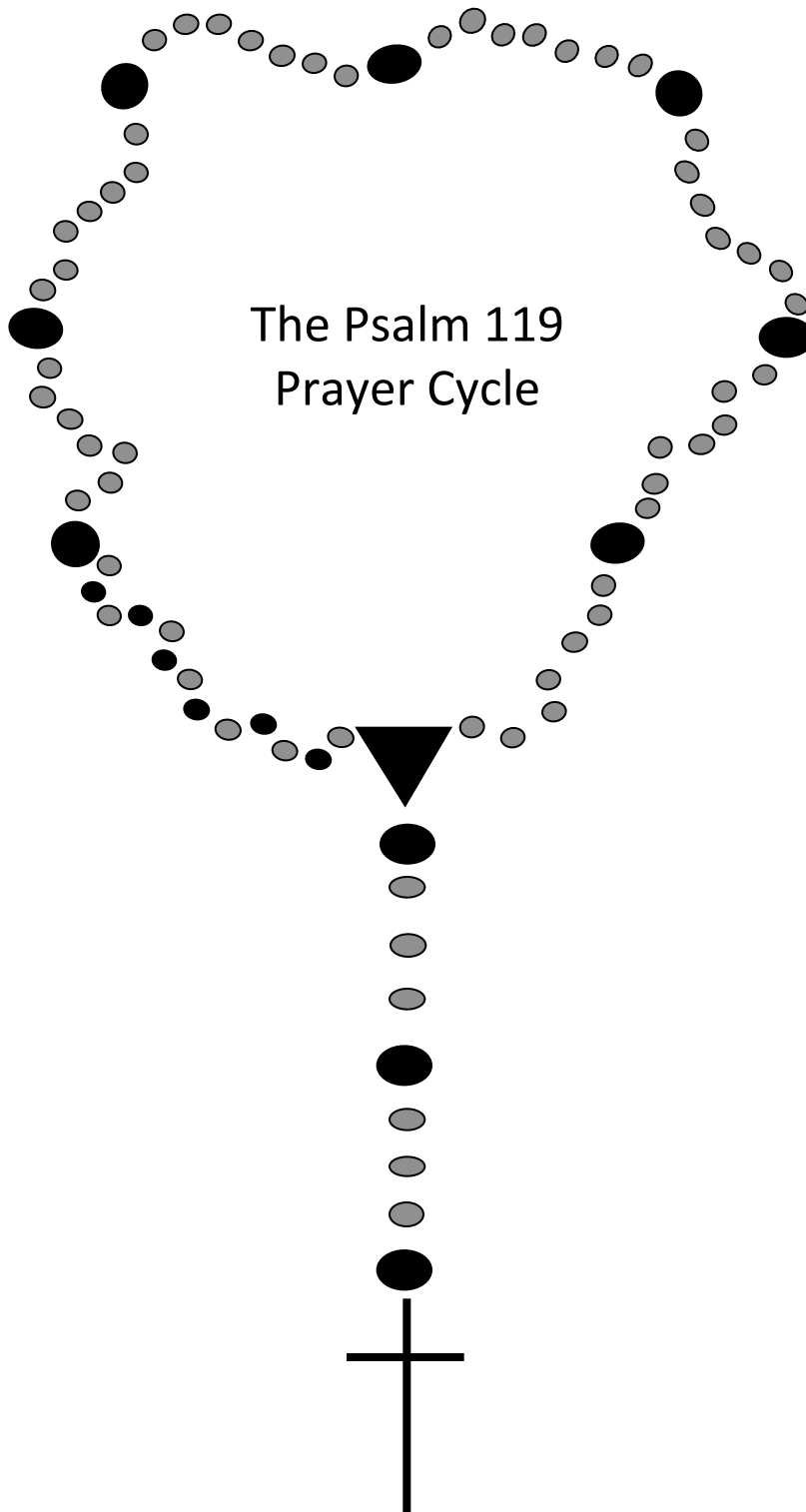


Meditation on the
Person and Work of Jesus

Invocation and Evening and
Morning Prayer
"In the name of the Father and of the
Son and of the Holy Spirit. Amen"

Evening and Morning
Prayer





The Psalm 119
Prayer Cycle

Evening and Morning
Prayer

