

Evening Commendation

Psalm 4:8: In peace I will both lay myself down and sleep,
for you alone, Lord, make me live in safety. (WEB-BE)

Say the Apostle's Creed

I believe in God, the Father Almighty, Maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Evening Practice

As I end this day, I thank the Triune God for his faithfulness.

Throughout this day, He has ...

1. _____
2. _____
3. _____

As I sleep and rest from the activities of this day, I release and commend the following into the hands of the Triune God ...

1. _____
2. _____
3. _____

I commend all into the hands of the Triune God and, in Jesus, lie myself down and rest in peace. The Holy Angel is with me so that the Evil Foe may have no power over me. Amen. (From *Luther's Evening and Morning Prayer*)

Say Luther's Evening Prayer and the Lord's Prayer

Luther's Evening Prayer

I thank Thee, my Heavenly Father, through Jesus Christ, Thy dear Son, that Thou hast graciously kept me this day, and I pray Thee to forgive me all my sins, where I have done wrong, and graciously keep me this night. For into Thy hands I commend myself, my body and soul, and all things. Let Thy holy angel be with me, that the Wicked Foe may have no power over me. Amen.

(Luther's Evening and Morning Prayers are taken from
The Book of Concord, Triglotta, Small Catechism)

The Lord's Prayer

Our Father, who art in heaven,
hallowed be Thy name, Thy kingdom come,
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory forever and ever. Amen.

Proceed to Station 6: Say (Sing) the Doxology and the Aaronic Blessing

the "Doxology" (Thomas Ken, 1674)

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host;
Praise Father, Son, and Holy Ghost!

the Aaronic Blessing

"The Lord bless you, and keep you.
The Lord make his face to shine on you, and be gracious to you.
The Lord lift up his face towards you, and give you peace."
Numbers 6:24-26 (WEB-BE)