

## Morning Commendation

Psalm 5:1-3: Give ear to my words, Lord. Consider my meditation. Listen to the voice of my cry, my King and my God, for I pray to you. Lord, in the morning you will hear my voice. In the morning I will lay my requests before you, and will watch expectantly. (WEB-BE)

### Say the Apostle's Creed

I believe in God, the Father Almighty, Maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### Morning Practice

I believe that the Triune God gives Himself wholly to me and is abundant in the giving of His gifts. The Father gives all of creation. The Son all of His work. And the Holy Spirit all of His gifts. (Paraphrase from *Large Catechism*, II, 67-70)

This morning I ask for and wait in expectation for the following gifts from the Triune God ...

From the Father ...

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

From the Son ...

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

From the Holy Spirit ...

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

I commend and entrust all of the activities of this day into the hands of the Triune God. The Holy Angel is with me so that the Evil Foe may have no power over me. Amen. (From Luther's *Evening and Morning Prayer*)

### **Say Luther's Morning Prayer and the Lord's Prayer**

#### **Luther's Morning Prayer**

I thank Thee, my Heavenly Father, through Jesus Christ, Thy dear Son, that Thou hast kept me this night from all harm and danger; and I pray Thee to keep me this day also from sin and all evil, that all my doings and life may please Thee. For into Thy hands I commend myself, my body and soul, and all things. Let Thy holy angel be with me, that the Wicked Foe may have no power over me. Amen.

(Luther's Evening and Morning Prayers are taken from  
*The Book of Concord, Triglotta, Small Catechism*)

#### **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be Thy name,  
Thy kingdom come,  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory forever and ever. Amen.

### **Station 6: Say (Sing) the Doxology and the Aaronic Blessing**

#### **the "Doxology" (Thomas Ken, 1674)**

Praise God, from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heav'nly host;  
Praise Father, Son, and Holy Ghost!

#### **the Aaronic Blessing**

"The Lord bless you, and keep you.  
The Lord make his face to shine on you, and be gracious to you.  
The Lord lift up his face towards you, and give you peace."  
Numbers 6:24-26 (WEB-BE)